Extra Credit Courses

(Available upon request and availability of quorum)

MFT6804 Publication & Research Presentation	3 units
MFT6809 Family and Divorce Mediation	3 units
MFT6813 Life Work and Planning	3 units
MFT6814 Men and Families	3 units
MFT6815 Couple & Family Therapy with LGBTQ Relationships	3 units
MFT6816 School Counseling Seminar	3 units
MFT6817 Play Therapy	3 units
MFT6818 Current Trends in the Field of Family Therapy	3 units
MFT6820 Substance Abuse and Childhood Trauma	3 units
MFT6825 Mindfulness Based-play Family Therapy	3 units

CAREER OPTIONS

A Master of Arts in Marriage and Family Therapy program opens up a wide range of career opportunities, examples include:

1. Marriage and Family Therapist
2. Couples Counselor
3. Child and Adolescent Therapist
4. Mental Health Counselor
5. Substance Abuse Counselor
6. Trauma and Crisis Therapist
7. School and Academic Counselor
8. Grief and Loss Therapist
9. Parenting Coach
10. Clinical Supervisor

CONTACTS

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Master of Arts in

Marriage & Family Therapy

USIU-Africa is accredited in Kenya by the Commission for University Education (CUE) & the United States of America by WASC Senior College and University Commission respectively.

PROGRAM DESCRIPTION

Marriage and Family Therapy is a specialized form of psychotherapy that deals with family patterns of behavior, couples relationships, individuals challenges using a systemic framework to nurture change. Trainees are exposed to systems theories which they'll use to diagnose mental and emotional diseases. Marriage and family therapists are trained to work in diverse clinical settings and conduct research in the field.

LEARNING OUTCOMES

Upon completion of the program, students will be able to:

1. Apply a systemic framework and clinical language in their clinical practice.
2. Develop treatment plans after conducting mental status examination, assessment and diagnosis
3. according to the current Diagnostic and Statistical Manual of Mental Disorders system.
4. Apply theories of psychotherapy to assessments and interventions.
5. Apply professional ethics and law following local and international standards.
6. Conduct research in Marriage and Family Therapy.

DEGREE REQUIREMENTS — 57 UNITS

FOUNDATION COURSES — 12 UNITS

(Only for students without adequate background in the field of Psychology)

PSY 1101	Introduction to Psychology	3 units
PSY 1105	Developmental Psychology	3 units
PSY 3110	Psychology of Personality	3 units
PSY 3115	Abnormal Psychology	3 units

CORE COURSES — 45 UNITS

MFT 6800	Introduction to Family Therapy	3 units
MFT 6801	MFT Ethics & Law	3 units
MFT 6802	Family Therapy with Adolescents and Children	3 units
MFT 6803	Child Abuse and Family Violence	3 units
MFT 6812	Family Assessment	3 units
PSY 6002	Research Methods	3 units
MFT 6805	Group Psychotherapy	3 units
MFT 6806	Supervision In MFT	3 units
MFT 6807	Couples and Sex	3 units
PSY 6704	Clinical Psychopathology	3 units
PSY 6771A	Clinical Practicum I	3 units
PSY 6772A	Clinical Practicum II	3 units
MFT 6810	Masters Thesis I	3 units
PSY 6773A	Clinical Practicum III	3 units
MFT 6811	Masters Thesis II	3 units

CONCENTRATIONS — 12 UNITS

Family Violence and Trauma

MFT 6819	First Responders, Military Personnel and Trauma	3 units
MFT 6821	Culture, Attachment and Trauma	3 units
MFT 6822	Immigration Trauma	3 units
MFT 6823	Trauma and the Family	3 units

Mindfulness and Family Therapy

MFT 6824	Mindfulness and Acceptance in Couples Therapy	3 units
MFT 6826	Mindfulness and Family Therapy	3 units
MFT 6827	Integrating Mindfulness and Narrative Therapy	3 units
MFT 6828	Mindfulness and Art Therapy	3 units