CAREER OPTIONS

A Master of Arts in Counseling Psychology program opens up a wide range of career opportunities, examples include:

1. Licensed Professional Counselor
2. Mental Health Therapist
3. Marriage and Family Therapist
4. School Counselor
5. Substance Abuse Counselor
6. Grief and Loss Counselor
7. Career Counselor
8. Trauma and Crisis Counselor
9. Rehabilitation Counselor
10. Forensic Counselor

CONTACTS

P.O. Box 14634 - 00800,
USIU Road, Off Thika Road (Exit7), Nairobi, Kenya

+254 730 116 290 /291 /247 /300 /397 /503 /522

admit@usiu.ac.ke

+254 755 844 849

United States International University-Africa

Education to take you places

www.usiu.ac.ke

@USIU-Africa

@ExperienceUSIU

Master of Arts in Counseling Psychology

USIU-Africa is accredited in Kenya by the Commission for University Education (CUE) & the United States of America by WASC Senior College and University Commission respectively.

PROGRAM DESCRIPTION

The Master of Arts in Counseling Psychology program equips aspiring professionals with the knowledge, skills, values, and ethical understanding needed for effective counseling. It provides a strong foundation in psychological assessment, therapeutic interventions, and evidence-based counseling techniques while fostering cultural sensitivity and critical thinking for practice in diverse settings.

Emphasizing mental wellness and professional integrity, the program prepares graduates to address the needs of individuals, families, and communities. With a focus on ethical, legal, and multicultural considerations, students are well-equipped to work in clinical, educational, corporate, and community-based environments.

LEARNING OUTCOMES

Upon completion of the program, students will be able to:

1. Demonstrate competency in various counselling theories and therapeutic techniques.
2. Evaluate professional standards of practice relative to multicultural populations.
3. Conduct research in counseling psychology using APA guidelines in academic writing and presentations.
4. Apply current professional standards of ethics, values and laws relevant to the practice of psychology.
5. Apply Psycho-therapeutic theories and techniques to assist in diagnosis and treatment in practice.

DEGREE REQUIREMENTS — 63 UNITS

PREREQUISITE COURSES — **12 UNITS**

(Only for students without adequate background in the field of Psychology)

PSY 1101	Introduction to Psychology	3 units
PSY 1105	Developmental Psychology	3 units
PSY 3110	Psychology of Personality	3 units
PSY 3115	Abnormal Psychology	3 units

CORE COURSES — **63 UNITS**

PSY 6002	Methods of Research	3 units
PSY 6005	Biological Basis of Behaviour	3 units
PSY 6114	Life Cycle Developmental Psychology	3 units
PSY 6115	Personality Theories	3 units
PSY 6003	Statistics for Behavioral Sciences	3 units
PSY 6329	Theories & Techniques of Individual Counseling	3 units
PSY 6113	Psychological Assessment	3 units
PSY 6117	Principles and Processes of Counseling	3 units
PSY 6220	Professional Ethics and the Law	3 units
PSY 6111	Introduction to Psychopathology	3 units
PSY 6118	Clinical Interviewing Techniques/Lab	3 units
PSY 6713	Process of Group Therapy	3 units
PSY 6116	Issues of Chemical Dependency	3 units
PSY 6259	Psychopharmacology for PSYchologists	3 units
PSY 6331	Trauma and Trauma Counseling	3 units
PSY 6330	Multicultural Issues of Counseling	3 units
PSY 6248	Practicum I	3 units
PSY 6991	Thesis I	3 units
PSY 6312	Theories of Marital & Family Therapy	3 units
PSY 6992	Thesis II (Must have a GPA of 3.0)	3 units
PSY 6249	Practicum II	3 units