



M.A. Counseling Psychology

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United States
International
University-Africa

Education to take you places

For the last 50 years, United States International University-Africa has offered quality education to students from all over the world, with over 70 nationalities currently represented in our student population. USIU-Africa commenced offering the first psychology program in Kenya in 1979.



All USIU-Africa programs have been approved by the Commission for University Education (CUE) and the WASC Senior College and University Commission, ensuring the highest standards have been met in Kenya and the United States respectively.

Program description

The program's primary goal is to prepare graduates to practice as effective counselors in a wide variety of settings. The graduate student is required to integrate theoretical and research-based knowledge combined with therapeutic skills, as well as personal characteristics to become an ethical, professional and compassionate counselor.



Program learning outcomes

- Demonstrate competency in various counselling theories and therapeutic techniques required of counselling psychologists.
- Evaluate professional standards of practice relative to multicultural populations.
- Conduct research in counseling psychology.
- Use APA guidelines in academic writing and presentations.
- Apply current professional standards of ethics, values and laws relevant to the practice of psychology.
- Apply psychotherapeutic theories and techniques to assist diagnosis and provide treatment with diverse clients.



DEGREE REQUIREMENTS**52 UNITS****(Courses are three units unless otherwise indicated)****PREREQUISITE COURSES**

(Students without a background in Psychology must take the following survey courses:)

PSY 5101	Survey of Psychology
PSY 5105	Survey of Development Psychology
PSY 5110	Survey of Psychology of Personality
PSY 5115	Survey of Abnormal Psychology

CORE COURSES**40 UNITS**

PSY 6002	Methods of Research	
PSY 6003	Statistics for Behavioral Sciences	
PSY 6110	Personality and Affect	
PSY 6111	Introduction to Psychopathology	
PSY 6114	Life Cycle Developmental Psychology	
PSY 6116	Issues of Chemical Dependency	
PSY 6210	Clinical Interviewing Techniques	
PSY 6211	Clinical Interviewing Techniques Lab	(1 unit)
PSY 6216	Research Practicum and Course Project	
PSY 6220	Professional Ethics and the Law	
PSY 6713	Process of Group Therapy	
PSY 6319	Survey of Assessment Procedures	
PSY 6329	Theories & Techniques of Individual Counseling	
PSY 6330	Multicultural Issues of Counseling	

PERSONAL THERAPY REQUIREMENT

Each student must complete 25 hours of personal therapy, prior to registration for PSY 6248 Practicum I.

CLINICAL PRACTICUM COURSES**6 UNITS**

PSY 6248	Counseling Practicum I
PSY 6249	Counseling Practicum II

* Each student must complete 25 hours of personal therapy, prior to registration for PSY 6248 Practicum I.

THESIS**6 UNITS**

PSY 6991	Thesis 1
PSY 6992	Thesis 2

Students are required to be continuously enrolled in PSY 6992 every semester while their thesis remains incomplete.

CERTIFICATE COURSES (18 UNITS)

The School of Humanities and Social Sciences also offers certificate courses in Chemical Dependency and Health Psychology.

CHEMICAL DEPENDENCY (18 UNITS)

PSY 6116	Issues of Chemical Dependency
PSY 6240	Treatment of Chemically Dependent Family
PSY 6242	Applied Psychotherapeutic Techniques in Chemical Dependency
PSY 6245	Substance Abuse in Diverse Populations
PSY 6255	Field Placement in Chemical Dependency
PSY 6256	Psychopharmacology for Psychologists

HEALTH PSYCHOLOGY (18 UNITS)

PSY 6321	Psychology of Health and Illness
PSY 6322	Loss, Grief and Bereavement
PSY 6323	Health Education and Promotion
PSY 6324	Counseling with Medical Populations
PSY 6325	Behavioral Medical Techniques
PSY 6248	Counseling Practicum should include Experience in Health Psychology Counseling

ADMISSION REQUIREMENTS

- Graduate application and other required documents indicated on the application form.
- BA Psychology degree or closely related field is required, from an accredited university.
- BA degree in non-psychology field requires completion of psychology pre-requisite course work prior to full admission.
- An interview with Counseling Psychology faculty.

Why a Master of Arts in Counseling Psychology?

- Make a difference.
- Help other.
- Create meaningful work.
- Advance the profession of Psychology.

CONTACTS

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