

USIU-Africa receives new grant from the United States Embassy

By Scott Bellows

On October 1, USIU-Africa formally launched the new Kura Yako, Sauti Yako! project designed to foster robust youth-led and youth-managed civic and voter education, dynamically encourage youth participation in the Kenyan electoral process, solidify and strengthen youth resilience against external shocks, and provide contextual understanding of the deep value of their democratic vote.

Funded through a grant from the United States Embassy in Nairobi, the project combines both in-person and virtual outreach with design thinking empowering bottom-up research, gamification, content creation, and training for Kenyan youth aged between 17 and 30 in Nairobi, Nakuru, Mombasa, Eldoret, Kisumu, Machakos, and Kitui. The project includes a business, civic education, sociology, and psychology research component across the seven counties. A diverse team of faculty, students, alumni, and staff will work on the project housed in the Incubation and Innovation Center of the School of Graduate Studies, Research, and Extension.



USIU-Africa represented in the 2020 NVivo Virtual Conference

By David Lomoywara



USIU-Africa and its students have always been at the forefront when it comes to research work and presentation of papers in international conferences. This year, the institution was privileged to have its alumni, Robert Rukwaro Maina, Immaculate Tallam and David Lomoywara present a paper at the NVivo Virtual Conference held last month. The theme of the Conference was 'Qualitative research in a changing world'.

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B.A. International Relations graduate from the Class of 2020 wins two scholarship opportunities to study in France

By Michael Kisilu

Ms. Anastacia Ngunjiri, a recent graduate in the Class of 2020, BA International Relations has secured two scholarships to pursue Masters in Public Policy at SciencesPo Paris, France- the Eiffel Excellence scholarship issued by the French Ministry for Europe and Foreign Affairs and the Emile-Boutmy scholarship issued by the university of SciencesPo.



Anastacia Ngunjiri will be starting her studies this Fall at the SciencesPo university in France, after winning the Eiffel Excellence Scholarship and the Emile-Boutmy Scholarship.

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Mental Health Awareness Week: Strengthening Our Community Live, Learn, Work and Play

By Lucy Kungu



Every year, October 10 is set aside to mark World Mental Health Day. This year's Mental Health Week theme is Strengthening Our Community – Live, Learn, Work and Play. According to the World Health Organization (WHO), mental health is a state of well-being in which an individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively, and is able to make a contribution to his or her community. It is all about how people think, feel, and behave. WHO stresses that mental health is not just about the absence of a mental disorders or disabilities. Furthermore, mental health can adversely affect relationships, our day to day lives and even physical health.

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Upcoming events: The International Symposium on Social Media- November 4-5, 2020